



May Lunch Menu 2019

Avalon Elementary School



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken & Rice Burrito Refried Beans Diced Peaches Salsa Choice of Milk	2 Cheeseburger w/Bun Baby Carrots Fresh Apple Wedges Ketchup & Mustard Choice of Milk	3 Half Day Pepperoni or Cheese Pizza Fresh Broccoli Pineapple Chunks FF Ranch Choice of Milk
6 Popcorn Chicken w/Dinner Roll Mashed Potatoes Fruit Cocktail Ketchup Choice of Milk	7 Spaghetti w/Meat Sauce Fresh Sliced Cucumbers Diced Peaches Choice of Milk	8 Teriyaki Chicken w/Rice Fresh Baby Carrots Pineapple Chunks Fortune Cookie Choice of Milk	9 BBQ Chicken Sandwich w/Bun BBQ Baked Beans 100% Fruit Juice Choice of Milk	10 Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges FF Ranch Choice of Milk
13 Beef Hot Dog w/Bun Three Bean Chili Diced Peaches Ketchup & Mustard Choice of Milk	14 Rotini w/Meat Sauce Fresh Baby Carrots Fresh Orange Wedges Choice of Milk	15 Chicken & Rice Burrito Sliced Cucumbers Fresh Apple Wedges Taco Sauce Choice of Milk	16 Chicken Sandwich w/Bun Sweet Corn Diced Pears Ketchup Choice of Milk	17 Half Day Pepperoni or Cheese Pizza Fresh Broccoli Pineapple Chunks FF Ranch Choice of Milk
20 Cheeseburger w/Bun Seasoned Green Beans Fruit Cocktail Ketchup & Mustard Choice of Milk	21 Maple French Toast Sticks Baby Carrots Diced Peaches Choice of Milk	22 Chicken Nuggets w/Dinner Roll BBQ Baked Beans Fresh Strawberries Ketchup Choice of Milk	23 Last Day of School Bean & Cheese Burrito Mashed Potatoes Fresh Orange Wedges Salsa Choice of Milk	24
27	28	29	30	31

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 *Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 **Fresh Salad & Veggie Bar serves FF Ranch Dressing
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider