



April Lunch Menu 2019

Avalon Elementary School



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Corn Dog Seasoned Green Beans Applesauce Ketchup & Mustard Choice of Milk	Chicken Strips w/Roll Sweet Corn Fresh Orange Wedges Ketchup Choice of Milk	Chicken & Rice Burrito Refried Beans Diced Peaches Salsa Choice of Milk	Cheeseburger w/Bun Baby Carrots Fresh Apple Wedges Ketchup & Mustard Choice of Milk	Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Pineapple Chunks FF Ranch Choice of Milk
8	9	10	11	12
Popcorn Chicken w/Dinner Roll Mashed Potatoes Fruit Cocktail Ketchup Choice of Milk	Spaghetti w/Meat Sauce Fresh Sliced Cucumbers Fresh Cantaloupe Wedge Choice of Milk	Teriyaki Chicken w/Rice Fresh Baby Carrots Pineapple Chunks Fortune Cookie Choice of Milk	BBQ Chicken Sandwich w/Bun BBQ Baked Beans 100% Fruit Juice Choice of Milk	Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges FF Ranch Choice of Milk
15	16	17	18	19
Beef Hot Dog w/Bun Three Bean Chili Applesauce Ketchup & Mustard Choice of Milk	Rotini w/Meat Sauce Fresh Baby Carrots Fresh Orange Wedges Choice of Milk	Chicken & Rice Burrito Fresh Sliced Cucumbers Fresh Apple Wedges Taco Sauce Choice of Milk	Chicken Sandwich w/Bun Sweet Corn Diced Pears Ketchup Choice of Milk	Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Pineapple Chunks FF Ranch Choice of Milk
22	23	24	25	26
Cheeseburger w/Bun Seasoned Green Beans Fruit Cocktail Ketchup & Mustard Choice of Milk	Maple French Toast Sticks Baby Carrots Diced Peaches Choice of Milk	Chicken Nuggets w/Dinner Roll BBQ Baked Beans Fresh Strawberries Ketchup Choice of Milk	Bean & Cheese Burrito Mashed Potatoes Fresh Orange Wedges Salsa Choice of Milk	Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges FF Ranch Choice of Milk
29	30			
Kickin Chicken Drumstick Three Bean Chili Applesauce Dinner Roll Choice of Milk	Cheese Nachos Tortilla Chips Sweet Corn Fresh Cantaloupe Wedge Choice of Milk			

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 *Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 **Fresh Salad & Veggie Bar serves FF Ranch Dressing
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider