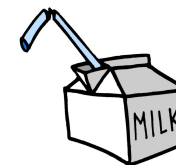




February Snack Menu 2019

Avalon Elementary School



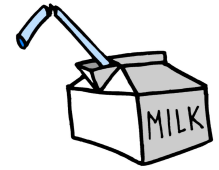
Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 Cheddar Goldfish (WGR) 100% Fruit Juice	5 Mini Pretzels Fresh Orange Wedges	6 Strawberry Lowfat Yogurt Baby Carrots	7 Applesauce Muffin Mozzarella Cheese Stick	8
11 Cheez It Cracker Whole Apple	12 Elf Graham Crackers Applesauce Cup	13 Animal Crackers Baby Carrots	14 Mini Pretzels Mozzarella Cheese Stick	15
18 Cheddar Goldfish Whole Apple	19 Vanilla Goldfish 1% White Milk	20 Raspberry Lowfat Yogurt Animal Crackers	21 Harvest Muffin Fresh Orange Wedges	22
25 Scooby Doo Cinn Sticks Whole Apple	26 Cheddar Cheese Stick 100% Fruit Juice	27 Cinnamania Crackers Baby Carrots	28 Elf Graham Crackers (WGR) Applesauce Cup	

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 **Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 This Institution is an equal opportunity provider



February Breakfast Menu 2019

Avalon Elementary School



Monday	Tuesday	Wednesday	Thursday	Friday
				Half Day 1 Mini Pancakes 100% Fruit Juice Fruit Cocktail Cup
4 Multigrain Frosted Flakes Cereal Apple Nutrigrain Bar 100% Fruit Juice Diced Peach Cup Choice of Milk	5 Mini Strawberry Bagel w/Cream Cheese Fresh Apple Wedges 100% Fruit Juice Choice of Milk	6 Trix Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk	7 Cinnaburst Bun Applesauce Cup 100% Fruit Juice Choice of Milk	8 Half Day Sausage & Cheese Muffin 100% Fruit Juice Diced Pear Cup Choice of Milk
11 Cini Mini 100% Fruit Juice Fruit Cocktail Cup Choice of Milk	12 Lowfat Yogurt Strawberry Team Cheerios Cereal Bar Fresh Apple Wedges 100% Fruit Juice Choice of Milk	13 Cinnamon Toast Crunch Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk	14 Chocolate Chip Muffin Lucky Charms Cereal Applesauce Cup 100% Fruit Juice Choice of Milk	15 Half Day Breakfast Burrito 100% Fruit Juice Diced Peach Cup Taco Sauce Choice of Milk
18 Cheerios Cereal Cinnamon Toast Crunch Cereal Bar 100% Fruit Juice Diced Pear Cup Choice of Milk	19 Mini Strawberry Bagel w/Cream Cheese Fresh Apple Wedges 100% Fruit Juice Choice of Milk	20 Fruity Cheerios Cereal Cheez Its Fresh Orange Wedges 100% Fruit Juice Choice of Milk	21 Applesauce Muffin Cinnamon Toast Crunch Cereal Applesauce Cup 100% Fruit Juice Choice of Milk	22 Half Day Mini Waffles 100% Fruit Juice Fruit Cocktail Cup Choice of Milk
25 Cini Mini 100% Fruit Juice Diced Peach Cup Choice of Milk	26 Lowfat Yogurt Trix Cereal Bar Fresh Apple Wedges 100% Fruit Juice Choice of Milk	27 Lucky Charms Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk	28 Cinnaburst Bun Applesauce Cup 100% Fruit Juice Choice of Milk	

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 **Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider



February Lunch Menu 2019

Avalon Elementary School



Monday	Tuesday	Wednesday	Thursday	Friday
				Half Day 1 Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Pineapple Chunks FF Ranch Choice of Milk
4 Popcorn Chicken w/Dinner Roll Mashed Potatoes Fruit Cocktail Ketchup Choice of Milk	5 Spaghetti w/Meat Sauce Fresh Sliced Cucumbers Fresh Cantaloupe Wedge Choice of Milk	6 Teriyaki Chicken w/Rice Fresh Baby Carrots Pineapple Chunks Fortune Cookie Choice of Milk	7 BBQ Chicken Sandwich w/Bun BBQ Baked Beans 100% Fruit Juice Choice of Milk	Half Day 8 Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges FF Ranch Choice of Milk
11 Corn Dog Three Bean Chili Applesauce Ketchup & Mustard Choice of Milk	12 Rotini w/Meat Sauce Fresh Baby Carrots Fresh Orange Wedges Choice of Milk	13 Chicken & Rice Burrito Sliced Cucumbers Fresh Apple Wedges Taco Sauce Choice of Milk	14 Chicken Sandwich w/Bun Sweet Corn Diced Pears Ketchup Choice of Milk	Half Day 15 Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Pineapple Chunks FF Ranch Choice of Milk
18 Cheeseburger w/Bun Seasoned Green Beans Fruit Cocktail Ketchup & Mustard Choice of Milk	19 Maple French Toast Sticks Baby Carrots Diced Peaches Choice of Milk	20 Beef & Rice Burrito Refried Beans Applesauce Salsa Choice of Milk	21 Cheeseburger w/Bun Sweet Corn Fresh Orange Wedges Choice of Milk	Half Day 22 Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges FF Ranch Choice of Milk
25 Kickin Chicken Drumstick Sweet Corn Applesauce Dinner Roll Choice of Milk	26 Cheese Nachos Tortilla Chips Fresh Celery Sticks Fresh Cantaloupe Wedge Choice of Milk	27 Chicken Nuggets w/Dinner Roll 3 Bean Salad 100% Fruit Juice Choice of Milk	28 Bean & Cheese Burrito Fresh Baby Carrots Fresh Pear Salsa Choice of Milk	

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 *Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 **Fresh Salad & Veggie Bar serves FF Ranch Dressing
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider