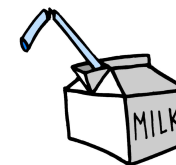




March Snack Menu 2019

Avalon Elementary School



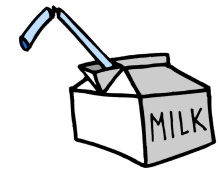
Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 Cheddar Goldfish (WGR) 100% Fruit Juice	5 Mini Pretzels Fresh Orange Wedges	6 Strawberry Lowfat Yogurt Baby Carrots	7 Applesauce Muffin Mozzarella Cheese Stick	8
11 Cheez It Cracker Whole Apple	12 Elf Graham Crackers Applesauce Cup	13 Animal Crackers Baby Carrots	14 Mini Pretzels Mozzarella Cheese Stick	15
18 Cheddar Goldfish Whole Apple	19 Vanilla Goldfish 1% White Milk	20 Raspberry Lowfat Yogurt Animal Crackers	21 Harvest Muffin Fresh Orange Wedges	22
25 Scooby Doo Cinn Sticks Whole Apple	26 Cheddar Cheese Stick 100% Fruit Juice	27 Blueberry Muffin (HM)(WGR) Baby Carrots	28 Elf Graham Crackers (WGR) Applesauce Cup	

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 **Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 This Institution is an equal opportunity provider



March Breakfast Menu 2019

Avalon Elementary School



Monday	Tuesday	Wednesday	Thursday	Friday
				Half Day 1 Mini Pancakes 100% Fruit Juice Fruit Cocktail Cup Choice of Milk
4	5	6	7	8
Multigrain Frosted Flakes Cereal Apple Nutrigrain Bar 100% Fruit Juice Diced Peach Cup Choice of Milk	Mini Strawberry Bagel w/Cream Cheese Fresh Apple Wedges 100% Fruit Juice Choice of Milk	Trix Cereal Elf Graham Crackers Fresh Orange Wedges 100% Fruit Juice Choice of Milk	Cinnaburst Bun Applesauce Cup 100% Fruit Juice Choice of Milk	Half Day Sausage & Cheese Muffin 100% Fruit Juice Diced Pear Cup Choice of Milk
11	12	13	14	15
Spring Break No School	Spring Break No School	Spring Break No School	Spring Break No School	Spring Break No School
18	19	20	21	22
Spring Break No School	Spring Break No School	Spring Break No School	Spring Break No School	Spring Break No School
25	26	27	28	29
Cini Mini 100% Fruit Juice Diced Peach Cup Choice of Milk	Lowfat Yogurt Trix Cereal Bar Fresh Apple Wedges 100% Fruit Juice Choice of Milk	Lucky Charms Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk	Cinnaburst Bun Applesauce Cup 100% Fruit Juice Choice of Milk	Half Day Mini Pancakes 100% Fruit Juice Choice of Milk

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 **Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider



March Lunch Menu 2019

Avalon Elementary School



Monday	Tuesday	Wednesday	Thursday	Friday
				Half Day 1 Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Pineapple Chunks FF Ranch Choice of Milk
				Half Day 8 Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges FF Ranch Choice of Milk
4 Popcorn Chicken w/Dinner Roll Mashed Potatoes Fruit Cocktail Ketchup Choice of Milk	5 Spaghetti w/Meat Sauce Fresh Sliced Cucumbers Fresh Cantaloupe Wedge Choice of Milk	6 Teriyaki Chicken w/Rice Fresh Baby Carrots Pineapple Chunks Fortune Cookie Choice of Milk	7 Chicken Sandwich w/Bun BBQ Baked Beans 100% Fruit Juice Ketchup Choice of Milk	8 Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges FF Ranch Choice of Milk
11 Spring Break No School	12 Spring Break No School	13 Spring Break No School	14 Spring Break No School	15 Spring Break No School
18 Spring Break No School	19 Spring Break No School	20 Spring Break No School	21 Spring Break No School	22 Spring Break No School
25 Kickin Chicken Drumstick Three Bean Chili Applesauce Dinner Roll Choice of Milk	26 Cheese Nachos Tortilla Chips Sweet Corn Fresh Cantaloupe Wedge Choice of Milk	27 Homemade Macaroni & Cheese Fresh Celery Sticks 100% Fruit Juice Dinner Roll Choice of Milk	28 Cheeseburger w/Bun Sweet Corn Fresh Pear Ketchup & Mustard Choice of Milk	29 Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Pineapple Chunks FF Ranch Choice of Milk

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 **Fresh Salad & Veggie Bar serves FF Ranch Dressing
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
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