



## This week in P.E.

### What's Happening In

**Kindergarten:** Students will be learning how to kick a ball using the inside of their feet. We will also be practicing kicking in a straight line to a partner.

**1-2:** Students will be working on dribbling a ball between their feet. They will also be learning how to walk forward in a straight line while dribbling the ball between their feet.

**3-8:** Students will be working on kicking a ball using different forces.

<b><u>Healthy Tip!</u></b>	<b><u>Reminders</u></b>
If you're craving something sweet, try going for a piece of fruit. Frozen grapes make a great sweet treat!	Children should be wearing a shoe that is comfortable for them to run in Children should be wearing clothes that are easy for them to move around in. Check with your child's teacher to see which days they have P.E.

## Contact Coach Rachel

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