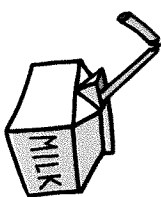




# December Lunch Menu 2018

## Avalon Elementary School



Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheeseburger w/Bun Seasoned Green Beans Applesauce Ketchup & Mustard Choice of Milk	4 Chicken Strips w/Roll Sweet Corn Fruit Cocktail Ketchup Choice of Milk	5 Macaroni & Cheese Fresh Baby Carrots Fresh Pear Choice of Milk	6 Chicken & Cheese Burrito Refried Beans Fresh Apple Wedges Salsa Choice of Milk	7 Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Orange Wedges FF Ranch Choice of Milk
10 Popcorn Chicken w/Dinner Roll Mashed Potatoes Fruit Cocktail Ketchup Choice of Milk	11 Spaghetti w/Meat Sauce Fresh Sliced Cucumbers Fresh Cantaloupe Wedge Choice of Milk	12 Orange Chicken w/Rice Fresh Baby Carrots Pineapple Chunks Fortune Cookie Choice of Milk	13 BBQ Chicken Sandwich w/Bun BBQ Baked Beans 100% Fruit Juice Choice of Milk	14 Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges FF Ranch Choice of Milk
17 Beef Hot Dog w/Bun Three Bean Chili Diced Peas Ketchup & Mustard Choice of Milk	18 Maple French Toast Sticks Fresh Baby Carrots Fresh Orange Wedges Choice of Milk	19 Cheese Nachos Tortilla Chips Fresh Celery Sticks Fresh Apple Wedges Choice of Milk	20 Chicken Sandwich w/Bun Sweet Corn Diced Peaches Ketchup Choice of Milk	21 Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Pineapple Chunks FF Ranch Choice of Milk
24 Holiday No School	25 Holiday No School	26 Holiday No School	27 Holiday No School	28 Holiday No School
31 Holiday No School				29 Holiday No School

Drinking Water is made available to youth at all times at drinking fountains located in this facility.  
 \*Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.  
 \*\*Fresh Salad & Veggie Bar serves FF Ranch Dressing  
 \*\*\*All meals are served with 1% White Milk or Skim Chocolate Milk  
 This Institution is an equal opportunity provider

